

Charlotte Talks

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Charlotte Talks - Recent Programs

Thursday March 18, 2010

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Stress and Effects on the Body

We examine a health crisis that is rising in America, even though very few people understand it. Stress and its effect on the body is real and it is deadly according to our expert panel. Dr. Louis Csoka runs a company that helps people understand the stress levels they create and how the body reacts to that stress and Dr. Jordan Lipton sees

patients suffering from stress-induced illness every day. Don't stress out, just join us for Charlotte Talks.

Guests

Dr. Louis Csoka - Founder, [Apex Performance](#)

Dr. Jordan Lipton - General Practitioner, [Signature Healthcare](#)

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Wednesday March 17, 2010

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North Carolina Economic Forecast

Frequent guest John Connaughton joins us to talk about the state of the economy in our region. Connaughton is a Professor of Economics at UNC Charlotte and the longtime director of the Belk College of Business economic forecast. Dr. Connaughton believes our state's economy will increase by 3.5 percent, marking the first year of expected growth in two years. But the recovery is still facing challenges. Dr. Connaughton will share his latest forecast for the region's economic future.

Guest

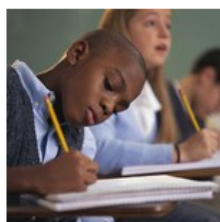
John Connaughton - Professor of Economics, [Belk College of Business at UNC Charlotte](#)

- [UNC Charlotte Economic Forecast website](#)

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Tuesday March 16, 2010

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Teach for America

We'll talk to Founder and CEO of Teach for America, Wendy Kopp. Since its inception in 1990, Teach for America has trained and placed teachers in low income school regions all over the country. Their mission is to reduce educational inequality and the achievement gap. Wendy Kopp is in town for a series of discussions with CMS Superintendent Peter Gorman, Mayor Anthony Foxx and others, but first she joins us to talk about education

reform.

Guests

Wendy Kopp - Founder and CEO, [Teach for America](#)

Tim Hurley - Executive Director, [Teach for America Charlotte](#)